

Twin Lakes Summer Swim 2024

Twin Lakes Schedule before school gets out

Please look at this closely we alternate days due to pool availability and space

May 28 th	13 and over 3:45-4:45	9-10 year olds 4:45-5:45
May 29 th	11-12 year olds 3:45-4:45	8 and under 4:45-5:30
May 30 ^{th st}	13 and over 3:45-4:45	9-10 year olds 4:45-5:45
May 31st (Friday)	4:00-4:45 pm Anyone who wants to attend a starts and turns practice	
June 3rd	11-12 year olds 3:45-4:45	8 and under 4:45-5:30
June 4th	13 and over 3:45-4:45	9-10 year olds 4:45-5:45
June 5th	11-12 year olds 3:45-4:45	8 and under 4:45-5:30
June 6th	13 and over 3:45-4:45	9-10 year olds 4:45-5:45
June 7th	No practice due to last day of school	

Twin Lakes Practice Schedule starting June 10th

Monday – Friday

13 and Up	7am -8am
11-12 year olds	8am-9am
9-10 year olds	9am – 10 am
8 and under	10am -10:45
Pre-team	Starts June 10 th not while school is in session 10:45-11:15 (Monday – Thursday)

July 4th practice 8am-9am (fun practice all groups welcome to attend)

July 5th (no practice)

Meet Schedule

Monday June 17th Away Meet vs. Wyndgate

Wednesday June 19th Home meet vs Fox Hills (4:30 warm up)

Monday June 24th Away meet Vs. Fox Hills (Warmup TBA)

Monday July 8th Away meet Vs. GLA

Oakhurst Home meet TBA

Championship Meet July 20th and 21st all day Great Lakes Aquatic Center

Swim Meet Volunteers

At our home meets we are in charge of providing volunteers. We will need timers, runners, and help with awards. We only have two home meets we would really like to not have the same families sign up twice. When these sign ups come out if we can have different families sign up each time that will make the meets much more enjoyable for all.

Remind App: This is how we will be notifying of practice cancellations or other

news. The link is below

<https://www.remind.com/join/3gc64k96>

Swim Gear Needed

Fins and a Kick Board. We do have some to share but they are getting older

All gear can be purchased at our Twin Lakes Swim Store. All orders must be placed by June 9th in order for the gear to arrive in time. For suit sizes Call DJ sports. Also Select shipping to your home address. We are not doing a bulk team order.

DJSports link will be sent out a later date

Team Shirts / other wearable items

Upon Registration each swimmer will put down the size for one t-shirt. All other items you may want to purchase like sweat shirts need to be purchased separately by June 9th.

Store link will be sent out at a later date

Inclement Weather

We will be canceling practice if there is a thunderstorm in the area, we have to remove swimmers from the pool if there is lighting or thunder. We will do our best to try to notify you ahead of time through the remind app, if we are going to call off practice. From time to time one group will be able to practice then weather conditions change and others can't.

Other Information

A signup genius will be sent out, please sign up for your swimmers' practice to bring food and drinks on Friday.

The kiddie pool will be closed during swim practice, please do not let your younger children play in the kiddie pool during swim practice.

This year Traci and Ryan will be Co-head coaches please feel free to reach out to either coach or both.

Questions Contact:

Ryan Golden rgold006@gmail.com

Traci Naylis