

Twin Lakes Summer Swim 2023

Twin Lakes Schedule before school gets out

Please look at this closely we alternate days due to pool availability and space

May 30 th	13 and over 3:45-4:45	9-10 year olds 4:45-5:45
May 31 st	11-12 year olds 3:45-4:45	8 and under 4:45-5:30
June 1 st	13 and over 3:45-4:45	9-10 year olds 4:45-5:45
June 2 nd (Friday)	4:00-4:45 pm Anyone who wants to attend a starts and turns practice	
June 5 th	11-12 year olds 3:45-4:45	8 and under 4:45-5:30
June 6 th	13 and over 3:45-4:45	9-10 year olds 4:45-5:45
June 7 th	11-12 year olds 3:45-4:45	8 and under 4:45-5:30
June 8 th	13 and over 3:45-4:45	9-10 year olds 4:45-5:45
June 9 th	No practice due to last day of school	

Twin Lakes Practice Schedule starting June 12th

Monday – Friday

13 and Up	7am -8am
11-12 year olds	8am-9am
9-10 year olds	9am – 10 am
8 and under	10am -10:45
Pre-team	Starts June 12 th not while school is in session 10:45-11:15 (Monday – Thursday)

July 4th practice 8am-9am (fun practice all groups welcome to attend)

July 5th (no practice)

Meet Schedule

Monday June 19th Home meet vs Fox Hills (4:30 warm up)

Saturday June 24th Away meet Oakhurst (8am Warm up)

Monday June 26th Home meet vs. Great Lakes (4:30 Warm up)

Wednesday July 12th Away vs. Wyndgate (5pm Warm up)

Championship Meet July 22nd and 23rd all day (Clarkston High School)

Swim Meet Volunteers

At our home meets we are in charge of providing volunteers. We will need timers, runners, and help with awards. We only have two home meets I would really like to not have the same families sign up twice. When these sign ups come out if we can have different families sign up each time that will make the meets much more enjoyable for all.

Remind App: This is how I will be notifying of practice cancelations or other news.

The link is below

<https://www.remind.com/join/72dd49g>

Swim Gear Needed

Fins and a Kick Board. We do have some to share but they are getting older

All gear can be purchased at our Twin Lakes Swim Store. All orders must be placed by June 7th in order for the gear to arrive in time. For suit sizes Call DJ sports. Also Select shipping to your home address. We are not doing a bulk team order.

<https://djsports.com/teams/twin-lakes>

Team Shirts / other wearable items

Upon Registration each swimmer will put down the size for one t-shirt. All other items you may want to purchase like sweat shirts need to be purchased separately by June 7th.

<https://twinlakesswim23.spiritsale.com/>

Incllement Weather

We will be canceling practice if there is a thunderstorm in the area, we have to remove swimmers from the pool if there is lighting or thunder. We will do our best to try to notify you ahead of time through the remind app, if we are going to call off practice. From time to time one group will be able to practice then weather conditions change and others can't.

Other Information

A signup genius will be sent out, please sign up for your swimmers' practice to bring food and drinks on Friday.

The kiddie pool will be closed during swim practice, please do not let your younger children play in the kiddie pool during swim practice.

Questions Contact: Ryan Golden rgold006@gmail.com